The Villager Newsletter

September Birthdays

Resident Birthdays

7-Georgianna Shaver

13-Pam Edman

19-Venita Allison

Staff Birthdays

8-Janice Hallmark

9-Jennifer Aleman

29-Tameshia Harris

September
Indian Summer breezes blow
The geese are taking flight.
A softly glowing harvest moon
Lights up the starry night.
The special warmth and happiness
We feel throughout September
Will fill our hearts all winter long
With beauty to remember.

Bees to Live By:

Be busy: Do your daily work with care.
Be sweet: Share kindness and warmth with others.
Be part of the team: Help your community reach common goals.
Be a seeker: Look for the good things around you.
Be adaptable: Adjust to changes in the weather and the seasons.
Be a giver: Leave every place better than you found it.
Be resourceful: Gather what you need.
Be focused: Know your path and achieve your goals.
Be resilient: Keep moving forward, even when the wind blows hard.

Special Activities This Month

- We'll kick off the month of September on Tuesday, September 1 with Hack and the Jammers at 2:00 p.m. Come to the chapel for some lively music.
- Mahjong plays every Tuesday at noon. See Dot Mauldin for details.
- The Resident Advisory Committee will meet Wednesday, September 2 at 1:00 p.m. in the chapel.
- We'll play "42" every Wednesday at 3:00 p.m. See James Gaddis if you're interested.
- Chair Yoga meets every Thursday afternoon at 3:00 p.m. in the chapel. This is a great easy exercise to help us stay strong and on the move.
- Labor Day is Monday, September 7. The office will be closed that day.
- Craft Day is Tuesday, September 8. Come to the sunroom at 3:00 p.m. for a fun fall craft!
- Live to 100: Secrets of the Blue Zones travels around the world to investigate the diet and lifestyles of those living the longest lives. Join us on Mondays, September 14, 21 and 28 at 10:30 a.m. in the library.
- Assisted living Week 2026, with the theme "Shining Through the Years" will be September 14-18. Don't miss these special activities throughout the week.
- Monday, September 14, is the Star Matching Challenge. Pick up a copy and match the stars with their movies. Bring your answers to the office for a prize!
- Tuesday, September 15, we'll look forward to having Chelsea provide some beautiful music at 2:30 p.m. Join us in the chapel.
- Wednesday, September 16, at 3:00 p.m. we'll talk about our "Shining Moments." Bring a keepsake or a memory of a shining moment in your life to share with the group as we learn more about each other. Let's meet in the chapel.
- Thursday, September 17, participate in the Star Search. Look around our building for a shining star and bring it to the office for a treat!

- Friday, September 25 will be Dolly Parton Day! Wear Pink and come to the library for the Friday movie "9 to 5" on September 25 (9.25) at 2:00 p.m. It's an office satire about three female secretaries who decide to get revenge on their tyrannical, sexist boss by abducting him and running the business themselves. Be prepared to see Dolly in one of her best roles. Lors of laughs are guaranteed.
- We'll welcome the return of our Denison High School technology students on Tuesday, September 29 at 12:30 p.m. Watch for a sign-up sheet if you need help with phones, tablets, remotes, TV's or any other kind of technology.
- Tuesday, September 29, we'll look forward to some Music with Grant. Come to the chapel at 2:00 p.m. for a delightful time with Grant and his guitar.

Assisted Living Week—September 14-18—Shining Through the Years