



The Villager Newsletter



January

*Sparkling winter sunshine,
 Faces all aglow,
 Making resolutions,
 And angels in the snow,
 Steaming cups of cocoa,
 A year that's fresh and new.
 All of this is magic,
 Unfolding just for you!*



January is named for the Roman god Janus, a two-faced Roman god of doorways, beginnings, and transitions, looking to the past and future. January was added to the Roman calendar later, and is known for the Garnet birthstone, Carnation flower, and being the coldest month in the Northern Hemisphere and the hottest in the Southern Hemisphere. The original Roman calendar had 10 months. January and February were added later, with Julius Caesar adding the 31 days. These months were known as a dead period. Ancient Romans considered winter (including January) a "month-less" time due to inactivity in agriculture and war.

January Birthdays

Resident Birthdays

3-Mary Lou Walker

6-Barbara Doepp

6-Janice Smart

Staff Birthdays

4-Sharon Jackson

14-Tonya Thompson

31-Rhonda Vandeventer



***Tomorrow is the first
 blank page of a
 365-page book.
 Write a good one!***

Special Activities This Month



- ◆ The Wesley Village Office will be closed New Year's Day, January 1.
- ◆ The Wesley Readers will meet on Sundays, January 4 and January 18 at 1 p.m. in the Library.
- ◆ Monday mornings at 10:30 a.m. we'll continue watching episodes of How the States Got their Shapes. Meet in the library.
- ◆ Tuesday, January 6, let's gather in the sunroom at 2 p.m. for Project SMILE (Sending Messages Is Love Expressed). We'll be writing notes to some of our residents who have moved to other facilities to get more medical care than we are able to offer here at Wesley Village. We'll let them know they are still in our thoughts and prayers and loved and missed.
- ◆ The Resident Advisory Committee will meet Wednesday, January 7 at 1 p.m. in the chapel.
- ◆ Thursday, January 8, we'll "armchair" travel to Alaska to learn more about the state. Meet in the chapel at 3 p.m. for snacks, facts, and video.
- ◆ Tuesday, January 13, we'll gather in the sunroom at 3 p.m. to play Left, Center, Right (with candy). Bring your sweet tooth and enjoy a fun game.
- ◆ Wednesday, January 14, we'll celebrate Dolly as she turns 80 this month. Wear lots of pink and bling to our Dolly Parton Party in the chapel at 3 p.m.
- ◆ Thursday, January 15, we'll "armchair" travel to Iceland to learn more about the country. Meet in the chapel at 3 p.m. for snacks, facts, and video.
- ◆ Interim Home Health will provide a Blood Pressure Clinic on Tuesday, January 20 at 2 p.m. in the chapel. Don't miss this informative session.
- ◆ We'll have a craft day on Wednesday, January 21 at 3 p.m. Meet in the sunroom to make homemade body butter (lotion). Pick your favorite scent and hydrate your skin for the winter months.
- ◆ Thursday, January 22, we'll "armchair" travel to Norway to learn more about the country. Meet in the chapel at 3 p.m. for snacks, facts, and video.
- ◆ The Friday movie on January 23 is Snow Dogs. Come to the library at 1:30 to enjoy popcorn and a movie. When Miami dentist Ted Brooks finds out that he's been named in a will, he travels to Alaska to claim his inheritance. Once he gets there, his dreams turn to mush: he discovers he's been left a mischievous team of sled dogs -- who have got it in for him.
- ◆ Wednesday, January 28, come to the chapel at 3 p.m. for a Tech Talk with the Pottsville Library. We'll be looking at some of the Health Apps that you can download on your phone or computer that will help you keep track of your goals for a healthy new year.
- ◆ Thursday, January 29, we'll "armchair" travel to Switzerland to learn more about the country. Meet in the chapel at 3 p.m. for snacks, facts, and video.
- ◆ We'll celebrate the end of the month with an Arts & Crafts Fair. Residents who have art projects or craft projects that they have made over the years are encouraged to bring three (3) of them to the lobby for a display. There will be sign up sheets for you to let us know if you plan to participate and we'll look forward to sharing our talents with each other! Arts & Craft Fair and snacks will begin at 2 p.m. on Friday, January 30 in the lobby.

What the new year brings to you will depend a great deal on what you bring to the new year.