



The Villager Newsletter

Valentine's Recipe

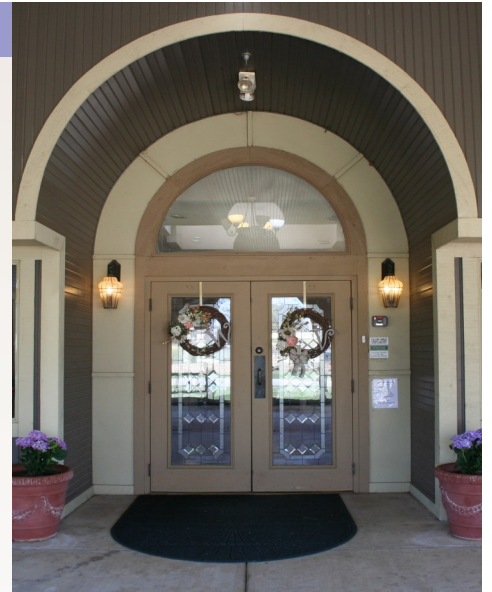
- 4 small kisses
- 6 giant hugs
- 1 cup of kindness
- 3 cups of love
- 5 tsp of happiness
- 2 caring hearts



Mix together and spread the love!



Mardi Gras refers to events of the Carnival celebration, beginning on or after the Christian feasts of the Epiphany (Three Kings Day) and culminating on the day before Ash Wednesday. *Mardi Gras* is French for "**Fat Tuesday**", reflecting the practice of the last night of eating rich, fatty foods before the ritual Lenten fasting of the Lenten season.



February Birthdays

- 2-Dave Traylor
- 4-Peggy Maddox
- 7-Carolyn Hunter
- 9-Norma Duncan
- 14-David Gill (staff)
- 18-McKenzie Lister (staff)
- 21-Clare Edman
- 25-Clair Jenkins (staff)
- 28-Gail Wilkins



Love doesn't make
the world go 'round,
it's what makes
the ride worthwhile.

Resident Advisory Committee

Members of the Resident Advisory Committee were elected in January. They are: Betty Cassell, Barbara Doepp, Carolyn Driscoll, Dan Dusek, Carol McClure, Dave Traylor, and Judy Wertz.



A leap year is a calendar year with an additional day added. This additional day ensures the synchrony between the calendar year and the solar year. Instead of having the usual 365 days, a leap year has 366 days. This is accounted for in the month of February. In a leap year, February has 29 days, instead of the usual 28. A leap year is added to the calendar every four years.

Special Activities This Month

- ◆ Monday Bible study and movies resume Monday, February 5 at 9:30 a.m. in the Library with Sandra Dean. The Chosen season 4 will be available soon.
- ◆ The Family of Faith Church will bring a Valentine Program on Saturday, February 10 at 3 p.m. We enjoyed their Dickens Carolers in December! Come enjoy their special musical presentation on Saturday afternoon in the Lobby.
- ◆ We'll be voting on the Wesley Village king & queen for Valentine's Day. Look for ballots coming soon and vote for this year's royalty!
- ◆ Random Acts of Kindness Day is Saturday, February 17. Share some kindness around the Wesley Village community!
- ◆ Preferred Podiatry Group will be at Wesley Village on Monday, February 19. Look for an appointment sign up sheet on the bulletin board by the office.
- ◆ President's Day is celebrated in February. Let's celebrate our Presidents with a bit of presidential trivia and a Mt. Rushmore video. Come to the chapel at 2 p.m. on Tuesday, February 20 to test your knowledge.
- ◆ How important is Hydration? Sinclair from Interim Home Health will be back on Thursday, February 22 at 3 p.m. to share some vital information on staying hydrated and the ill-effects of dehydration.
- ◆ Friday, February 23, we'll watch the movie *That's Entertainment* in the Library. This 1974 film released by Metro-Goldwyn-Mayer, celebrates the studio's 50th anniversary. The film spotlights MGM's legacy of musical films from the 1920s through the 1950s, featuring dozens of performances and archive footage of Judy Garland, Frank Sinatra, Gene Kelly, Fred Astaire, Peter Lawford, Debbie Reynolds, Bing Crosby, Jimmy Stewart, Elizabeth Taylor, Mickey Rooney, Esther Williams, Clark Gable, and many others. This is some of the final footage to be captured on the famous MGM backlot.
- ◆ Pottsboro Library will present a Technology Day on Thursday, February 29 at 3 p.m. Bring your questions and we'll cover some basic computer skills!



This year is Leap Year!